

CONTENTS

Introduction	9
1. More Than a Piece of Paper	13
2. What She Wants, What He Wants	31
3. The Significance of Sexual Intimacy	55
4. Habits That Hurt, Habits That Heal	79
5. Clothe, Bear With, Forgive	105
6. A Love That Lasts	131
Acknowledgments	155
Appendix A: Love, Sex, and Marriage Survey (Excerpts)	157
Appendix B: Advice from Couples Married 50+ Years	170
Notes.....	172